

Nutrition Initiative

Enforcement Letters



The front panel shows that the product has no trans fat, but it doesn't have a disclosure statement to alert consumers that the product has significant levels of sodium, saturated fat and total fat.

Nutrition Facts

Serving Size 2 fillets (103g)
Servings Per Container about 5

Amount Per Serving

Calories 260 Calories from Fat 170

% Daily Value*

Total Fat 19g 29%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 680mg 28%

Potassium 115mg 3%

Total Carbohydrate 15g 5%

Dietary Fiber 1g 4%

Sugars 3g

Protein 8g

Vitamin A 2% • Vitamin C 4%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: POLLOCK, VEGETABLE OIL (COTTON-SEED, CANOLA, SOYBEAN, CORN AND/OR RICE OIL), BEER (WATER, BARLEY MALT, CORN, RICE, HOPS, YEAST), ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), RICE FLOUR, WATER, MODIFIED CORN STARCH, SUGAR, TAPIOCA DEXTRIN, SALT, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), YELLOW CORN FLOUR, PALM OIL, DEXTROSE, SOY LECITHIN, XANTHAN GUM, COLORED WITH PAPRIKA AND TURMERIC EXTRACTS, SODIUM TRIPOLYPHOSPHATE (TO RETAIN FISH MOISTURE), WHEY, TBHQ (TO PROTECT FLAVOR), METHYLCELLULOSE, HYDROLYZED WHEAT PROTEIN

CONTAINS: POLLOCK, WHEAT, SOY, MILK.

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